

LETTER FOR YOUR DOCTOR

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Date _____

Dear Doctor _____

I am concerned about swallowing in

Name of Person

Date of Birth

She/He is my: mother father wife husband
other _____

I have noticed these problems over the past

_____ weeks/months: (Circle those that apply)

- difficulty swallowing
- coughing
- choking
- gagging
- wheezing
- tearing of eyes
- runny nose
- chest pain
- nasal regurgitation
- weight loss
- fever
- sore throat
- voice change: hoarse
- weak
- gargly
- nasal
- frequent throat-clearing
- tired out by eating
- nausea
- food feels stuck/won't go down
- drooling
- heartburn
- eating very slowly
- dehydration
- refusing food
- loose dentures
- sore gums
- bad breath
- other _____

From SWALLOW SAFELY

www.swallowsafely.com

She/He has these medical problems:

Her/His last hospitalization was _____ (date)

at _____ (hospital)

for these reasons: _____

She/He is taking the following medications (prescribed and over-the-counter): _____

I am most concerned about: choking aspiration

pneumonia nutrition hydration

difficulty swallowing pills

Other _____

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I look forward to hearing from you at your earliest convenience.

You can reach me in the following ways:

Home Phone () _____

Cell phone () _____

Fax () _____

E-mail _____

Mailing Address _____

Thank you very much for your attention and concern.

Sincerely,

Your signature

Your name printed